Chemical Hygiene Plan

Department of Environmental Health and Engineering

Johns Hopkins University

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This Chemical Hygiene Plan (CHP) is written specifically for the Department of Environmental Health and Engineering (EHE). It has two purposes:

1. To help protect faculty, staff, and students from health hazards associated with the use of chemicals in the laboratory.


This CHP is available for review by the students, faculty and staff of EHE. Copies of the plan are in 313 Ames Hall and can be obtained from Tugba Yildiz, Research and Teaching Laboratory Coordinator. Office: Ames Hall 313, Phone: (410) 516-6028. Students and faculty can also access the plan and all safety documents online (https://ehelabs.wse.jhu.edu). The plan will be updated periodically by Tugba Yildiz.
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1. Designation of Responsible Personnel

This Chemical Hygiene Plan (CHP) consists of seven sections; each section provides specific measures to help increase safety for the lab members and students in our laboratory. The first part of the CHP is the list of people responsible for implementing and administering the Chemical Hygiene Plan.

The people with immediate responsibility for laboratory safety at EHE is listed here:

EHE Research and Teaching Laboratory Coordinator, Dr. Tugba Yildiz. She is responsible for developing, implementing, and updating the CHP.
Office: Ames Hall 313, Phone: (410) 516-6028.

Professors and Principal Investigators of EHE are responsible for guiding students with the safety requirements described in the CHP.

Dr. Marsha Wills-Karp (Chair), (410) 516-7092
Dr. Ed Bouwer, (410) 516-7437
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2. Standard Operating Procedures

Anyone who plans to work in any of EHE laboratories must follow the following guidelines.

**Personal Apparel and Personal Protection:**

Loose clothing and long hair must be neatly confined. All shoes must be of the “close-toes” types. Sandals are considered “open-toes” shoes and are not allowed in the lab. Please wear long pants in the laboratory, shorts are not permitted.

Eyes protection is a must when working in the lab. Safety glass with side shields is to be worn at all time. Do not work with any chemical without eye protection.

Lab coat must be worn at all time. They are available in the lab and in the hallway coat hanger. Lab coats are collected for cleaning periodically by the contractor. When your coat is dirty, please deposit it in the area next to the hanger for cleaning.

When working with potential high reactive chemicals, a face shield must be used.

Use appropriate gloves to avoid direct skin contact with lab chemicals. Make sure the gloves are new before using them. Change them periodically if needed.

**Use Your Common Sense:**

No mouth pipetting.
No horseplay in the lab.
No eating or drinking in the lab.
No smoking in the lab.
No cosmetics application in the lab.

**Glassware Usage:**

Avoid using damaged glassware.
Be extra careful when using vacuum glass apparatus such as Dewar flasks and other potential implosive glassware. Make sure they can withstand the vacuum before using them. When possible, wrap materials such as parafilm around them. This will minimize glass flying in case of implosion. The same care must be observed when pressure is applied to glassware. Do not use any glassware unless you know its pressure capability.
**Working Alone in the Lab:**

Avoid working in the lab when there is no one around. Make sure your colleagues know you are working alone. Ask them to check with you periodically.

**Unattended Experiments:**

It is not a “good laboratory practice” to leave an experiment unattended. However, if this is necessary, make sure there are automatic shutdown controls to prevent fires or explosions. To prevent accident, place appropriate signs on or next to the experiment. The signs should have procedures for shutting the experiment down.

**Emergency Eyewash and Shower:**

Each laboratory has an eyewash and emergency shower station. You must know exactly where theses emergency stations are. Take time to locate these emergency stations. In an emergency, you will not have time to look for them.

When use the emergency eye washing, make sure you continue washing your eyes for at least ten minutes or until all chemicals are clear from your eyes.

The same goes for emergency showering. do not turn the shower off prematurely, you must rinse the chemicals completely off your body.

**Disposal of Chemicals and Other Lab Materials:**

It is your duty to dispose chemicals and other waste materials properly. Dispose broken glasses in the broken glass bin; do not put them in the trash containers. All chemicals must be disposed according to their types. Do not put any chemical in the sink. Reactive chemicals used in research project must be disposed in separate containers. Each container must be labeled with the name of the chemical and the concentration (if possible).

Store waste chemicals in appropriate containers. If you have any question about chemical and method of disposal, call Health Safety & Environment office at 410-516-8798 or 410-955-5918.

To schedule a waste pickup, go to this website and fill out a form: https://orchid.hosts.jhmi.edu/hse/webtools/wasteform/
You can also drop off your chemicals at Macaulay Hall, in the Basement. The drop off schedule is Thursday from 9:00 am to 12:00 noon.

**Biological Materials:**
All biological waste materials are considered “Biohazard” and must be disposed in the red containers marked “Biohazard”.

**Working with Flammable Materials and Hot Materials:**
When you are working with flammable chemicals, you must make sure there is no sources of ignition nearby, that can cause a fire. Hot plates are considered a potential ignition source and must be used with extreme care, particularly when flammable materials are present. You should only store your flammable chemicals in flammable cabinets.

Use appropriate tools such as tongs when working with heated glasses and metals. These materials usually remain hot for a long period of time. Do not pick them up with your bare hands, unless you know for sure they are cooled.

**Chemical Spill and Emergencies**
In a **Major chemical spill**, (when you need help from emergency personnel) take the following actions:
- Evacuate everyone in the lab to a safe location, far from the area.
- Account for all laboratory members.
- Call 911 for emergency assistance. If it is safe to do, turn off all sources of ignition, then leave the area.
- Notify Research and Teaching Lab Coordinator - Tugba Yildiz at 410-516-6028.

In a **Minor chemical spill**, (where you know you can handle it safely) take the following actions:
- Notify all the people in the lab and clear the area.
- Identify the spilled material.
- Notify Tugba Yildiz at 410-516-6028.

In a **Fire Emergency**, take the following actions:
- Immediately notify everyone in the lab, and evacuate the lab.
- Pull the fire alarm switch in the hallway or call 911.
- In case of a very small fire, use the fire extinguisher (only if you are trained).
- If you are not sure, do not try to go back into the room, wait for professional help to arrive. Notify Tugba Yildiz at 410-516-6028.
In a **Medical Emergency**, take the following action:
If someone in the lab is injured, immediately call 911 for help. Do not wait!
If someone has symptoms of overexposure of a chemical, move her/him out of the lab and call 911 right away. Immediately get the person to fresh air area.
In case of chemical contact of skin, flush the area with water for about 15 minutes. Do not hesitate to use the safety shower when needed.
In case someone ingests a chemical, call 911. Drink large amount of water. Do not induce vomiting.

**DO NOT STORE ANY CHEMICAL IN THE FUME HOOD!**

Store all flammable chemicals in the flammable storage cabinets. If you must store chemicals in a refrigerator, use the flammable storage refrigerator only. Do not store flammable chemicals in regular refrigerator; the automatic on/off switch inside the refrigerator is considered an ignition source.

Store all corrosive chemicals in corrosive cabinets.

Do not store glassware or chemicals on shelves above work area, including the sink area. Do not leave chemicals on the floor unless they are in containers, ready for shipment.

**Material Safety Data Sheet (MSDS):**

Each chemical in the lab has a **material safety data sheet (MSDS)**. This is where you can find information about the physical and health hazards of that chemical. If you are not sure about certain chemical, read the MSDS sheet.
3. Control Measures to Reduce Hazardous Chemical Exposure

**Fume Hoods:**

One of the main engineering controls to help reduce hazardous chemical exposure is fume hood optimization. A fume hood is a three-sided enclosure with an adjustable window in front. The idea is to draw the fume inward and away from the area immediately surrounding the lab member. As a result, the airflow into the hood from the outside must be adjusted to fall within certain standard. NFPA (National Fire and Protection Agency) recommends fume hood face velocity of 80-120 fpm. To achieve this range, we measured the flow of air and marked the side of each fume hood. Lab members should not raise the sash above this mark when using the fume hood. Open the sash above this mark will compromise the face velocity recommendation.

**Chemical Storage Cabinets:**

Special chemical storage cabinets are available in the lab. All lab members should use these chemical cabinets for storing special chemicals. Use flammable cabinets and flammable refrigerator to store flammable chemicals. Use the corrosive cabinets to store corrosive chemicals. Use acid cabinets and base cabinets to store those chemicals separately.

**Emergency Equipment:**

Each of our labs is equipped with emergency shower and eyes wash equipment. As described in the SOP section, lab members should know the locations of these equipment.

4. Protective Equipment

To minimize chemical exposure, lab members should use necessary protective equipment. This means use safety goggles, face shields, gloves, and lab coats. When dry chemical dusts are present, use a dust mask or a dust respirator. When an experiment requires the use of volatile chemicals, do it in the fume hood. If you do an experiment that requires the use of chemical respirator, you must notify the lab coordinator.

5. Safety Information

We want all lab members to understand the hazards of laboratory chemicals. As a result, all lab researchers and students will be provided with information on the safe handling of chemicals when they are initially assigned to work in the lab. Go to https://ehelabs.wse.jhu.edu to access all lab safety information under the Bulletin Tab.
The Prudent Practices for Handling Hazardous Chemicals in Laboratories is a great resource for in-depth information on lab safety topics, and it is available online at: http://www.nap.edu/books/0309052297/html/

6. Medical Consultation and Examination

Every laboratory member is entitled to receive a medical examination by a licensed physician when he/she shows signs or symptoms of chemical exposures. A medical examination is also necessary, when there is a chemical spill or accident in the lab that indicates an exposure of hazardous chemicals.

During the medical consultation, all information about the hazardous chemicals to which the lab member may have been exposed will be provided to the physician. A copy of the incident report will be sent to Health, Safety and Environment. The lab coordinator will have all information related to the incident on file.

7. Activities Requiring Prior Approval

There are certain experimental procedures and chemical usages that require approval from either the lab coordinator or the professor in charge. The following is a list of activities that require pre-approval:

1. Experiment involves highly toxic chemicals.
2. The use of known genotoxins, reproductive toxins or carcinogens.
3. Experiment involves pathogenic microorganisms.
4. Unattended experiments.
5. Working alone in the lab.

Item 1, 2, and 3 of the above lists require additional protection for laboratory members. As a result, the lab coordinator and the professor in charge must decide if the lab has the capability for doing these experiments. Pre-approval is a must in these cases.